



DECISION MAKERS IN SCHOOL FOOD?

WHO'S WHO

SCHOOL FOOD

WHO MAKES THE DECISIONS?

WHO MAKES THE DECISIONS ABOUT SCHOOL FOOD IN YOUR DISTRICT?

Find out who needs to be involved to change your food. Here are some things you should ask/know in order to locate key decision makers in your school or district.

1. Are meals provided by an independent contractor to supply lunch, breakfast & snack?

2. If the answer is yes, find out the following:

- Which company supplies the meals? When is their contract up for renewal?
- Can the contract be changed to adopt new food?
- Who manages this contract on behalf of the school? Get their contact information and add them to your list.
- Who manages this contract on behalf of the supplier? Do the same.
- Contact them and ask if both parties are amenable to changing the food.

KNOW THE LAY OF THE LAND

Back at school, key decision makers range from the Superintendent to the students and a whole host of staff and administrators in between. Find out who all these people are – get their names, emails and phone numbers. Then contact them and ask for their support. Ask how you can help make these changes for the children under all of your mutual care.

SCHOOL FOOD

WHO MAKES THE DECISIONS?

KEY CONTACTS INCLUDE:

The Food Service Director. This person might also be known as Nutrition Services Director or Executive Chef. This person manages your school/district Nutrition Services staff – the lunch ladies.

The District Board of Education. This group makes decisions about allocating resources district wide. As a parent, you are free to lobby them in a monthly public forum. Get yourself on the agenda, attend the meetings, and make your voice heard!

The Superintendent. The Superintendent is a critical voice for change! They can allocate resources to this cause, or shift resources away. Make sure the Superintendent knows this issue is a priority for your parent committee.

Your School Principal. Your Principal cares about the health and wellness of all the children at your school. Let them know you want to help, and ask them to promote your cause among teachers, administrators and parents.

The School Wellness Committee. Your school may or may not have an active wellness committee. If it does not, now is your chance to get one started.

Student Leaders. Students are key to the success of any changes at school. Get them involved early and often. Work with them to find creative and collaborative ways to advocate for change.